



All Washtenaw Rowing Center members must pass the following swim-test and have a certified lifeguard or American Red Cross Water Safety Instructor attest to the completion of this test by signing the form below PRIOR to rowing in any boat, barge or coaches launch.

The swim-test is comprised of the following elements:

1. Tread water or stay afloat for 10 minutes.
2. Followed by swimming 50 yards any stroke, without touching the bottom or using any other support.

SWIM TEST CERTIFICATION

I, _____ (Print LIFEGUARD or INSTRUCTOR name), certify that _____ (Print CREW MEMBER name) has completed the requirements described above.

This test of swimming ability was given at _____ (location) on _____ (Date).

I am currently certified as a lifeguard or American Red Cross Water Safety Instructor. My certification expires on _____ (Date).

Signature of Guard or Instructor:

Signature of Washtenaw Rowing Center Crew Member:
